COURSE DESCRIPTIONS

Familiarization Course

1. General Training Course (GTC)
   This two-week course is intended for cadets 12-14 years of age who have completed their first year of cadet training. It introduces the cadet to life at a cadet summer training centre (CSTC) with a focus on the opportunities available through air cadet summer training. The course consists of basic drill, exercise, team-building, air- rifle range, drill, building and flying paper gliders and rockets, airport operations, marshalling, tours, recreational sports, survival training and physical fitness training. The course will expose the cadets to the various aspects of a survival situation, this course will ensure that the cadets are adequately prepared to face challenges at the Squadron and CSTC.

2. Basic Drill 
   The aim of this three-week course is to provide cadets with the fundamentals of followership, teamwork and leadership training, building upon what has been taught in proficiency level two of the Squadron program. This aim will be accomplished by the development of self-confidence, knowledge, and skills, and by establishing a dynamic learning environment that exposes the cadets to a variety of followership, teamwork and leadership opportunities.

3. Drill 
   The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to be a specialist for drill and ceremonial activities. The aim will be accomplished by further developing drill and ceremonial related specialist skills and knowledge that will allow the cadet to become a certified instructor for ceremonial activities. By establishing a dynamic learning environment that exposes the cadets to a variety of drill and ceremonial opportunities, this course will prepare the cadets to assume a specialist position at the Squadron and CSTC.

4. Fitness 
   The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to be an instructor and evaluator of the Squadron fitness program. The aim will be accomplished through the development of knowledge and skills to the standard of the next music proficiency level. During this six-week course, instruction is also given in instrument maintenance & repair and other music-related skills, while the music proficiency course also learn some Instructional Techniques relating to music.

5. marksmanship 
   The aim of this six-week course is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional technical skills required to instruct others during marksmanship activities at the Sqn, during regionally directed activities and as a staff cadet at a CSTC. The cadet will be provided with the necessary theoretical, technical, and practical skills required to instruct others during marksmanship training at the Sqn.

Music Courses

9. Military Band - Basic Musician Course (MB-BMC)
   The aim of this course is to develop the music proficiency of cadets and prepare them to support their Sqn bands and related music activities. The cadets will experience some aspects of Air Cadet training to help them in their future course selections of the Air Cadet program.

Prerequisites: Must be medically and physically fit, and have completed Level Two training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON) and Valcartier, QC

10. Military Band - Intermediate Musician Course (MB-IMC)
   The aim of all Music Level Courses is to raise each cadet’s musical skills to the standard of the next music proficiency level. This training is to develop the music proficiency of cadets and prepare them to support their Sqn bands and related music activities. The cadets will be provided with the necessary theoretical, technical, and practical skills required to instruct others during marksmanship training at the Sqn.

Prerequisites: Must be medically and physically fit, and have completed Level Two training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON)

11. Military Band - Advanced Musician Course (MB-AMC)
   The aim of this course is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional technical skills required to instruct others during marksmanship activities at the Sqn, during regionally directed activities and as a staff cadet at a CSTC. The cadet will be provided with the necessary theoretical, technical, and practical skills required to instruct others during marksmanship training at the Sqn.

Prerequisites: Must be medically and physically fit, and have achieved the music proficiency level and have completed Level Three training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON) and Trenton, ON

12. Basic Survival (BSC)

3. Basic Fitness & Sports Course (BFSC)

Basic Fitness & Sports Instructor course. The cadets will be provided with the theoretical, technical, and practical skills required to assist in the delivery of the Squadron fitness and recreational sports training program.

Prerequisites: Must be medically and physically fit, and have completed Level Two training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON) and Valcartier, QC

4. Fitness & Sports Courses (FSC)

Basic Fitness & Sports Course (BFSC)

This six-week course is designed to develop a specialist with the skills and subject matter knowledge required to be an instructor and team leader for various functions. The aim will be accomplished through the development of knowledge and skills that will allow the cadet to assume a specialist position at the Squadron and CSTC.

13. Pipe Band
   This six-week course is identical to the MB-IMC, except that the music proficiency course is designed for members of a Squadron pipe and drum band.

Prerequisites: Must be medically and physically fit, and have completed Level Two training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON)

14. Pipe Band - Intermediate Musician Course (PB-IMC)

This six-week course is identical to the MB-IMC, except that the music proficiency course is designed for members of a Squadron pipe and drum band.

Prerequisites: Must be medically and physically fit, and have completed Level Two training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON)

15. Pipe Band - Advanced Musician Course (PB-AMC)

This six-week course is identical to the MB-AMC, but is intended for advanced members of a Squadron pipe and drum band.

Prerequisites: Must be medically and physically fit, and have achieved the music proficiency level 2 and have completed Level Three training by 30 Jun 13.

Training Centre: Blackdown (Borden, ON)
23. International Air Cadet Exchange (IACE)*

The purpose of the IACE is three-fold: to promote friendship and goodwill among Air Cadets of the participating countries, to encourage participants to develop an interest in international affairs and to reward those Air Cadets who have rendered outstanding services to their Sqs over a period of years. The IACE is intended only for outstanding senior cadets who will represent Canada with distinction. Exchange cadets visit air bases, centres of industry, world landmarks, universities, cultural centres and museums, plus the experience private hospitality with families in their own homes. Host countries include: Australia, Belgium, Czech Republic, France, Germany, Hong Kong, Israel, Netherlands, New Zealand, Pakistan, Switzerland, Turkey, United Kingdom and United States of America.

Prerequisites:

Must be the age of 17 by 1 Jan 13, be medically and physically fit, have completed Level Three training by 30 Jun 13, and be admissible as a visitor to the destination country.

24. Staff Cadet Opportunities (Advanced Training)

Staff cadets are the NCOs of the Summer Training Centres. A staff cadet can assist the officer staff with the instruction and supervision of cadets, or might be tasked in an administrative or logistical support role. Rank and pay for staff cadets depend upon the position; this is usually determined during a pre-course training and evaluation period. A staff cadet applicant must be at least 16 on 1 Jan 13. Additional information on staff cadet opportunities and prerequisites can be found at:


2013 Course Dates (Exclusive of travel days)

Central Region Gliding School

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
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<tbody>
<tr>
<td>week 1</td>
<td>1 Jul – 9 Aug</td>
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<tr>
<td>week 2</td>
<td>1 Jul – 16 Aug</td>
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All other CSTCs

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<th>Course</th>
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<tbody>
<tr>
<td>Serial A</td>
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<tr>
<td>Serial B</td>
<td>29 Jul – 16 Aug</td>
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<tr>
<td>Serial C</td>
<td>16 Aug – 29 Aug</td>
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NOTE: Dates subject to change – check Joining Instructions and travel orders for correct final dates and times.

(*) - Denotes a National course

JOINING INSTRUCTIONS and ADDITIONAL INFORMATION

For more information, please visit the website listed above, then select joining instructions or the appropriate summer training centre from the pull-down menu on the left side of the page.